Tulsa Girls Home IMPACT REPORT TATA A

### ABOUT OUR MISSION

Did you know that in the state of Oklahoma, there are about 1,000 teens in OKDHS custody, placed outside of their homes? Many are teen girls awaiting for placement in a home-like setting. However, finding a home that understands how to serve a teen who has endured years of trauma is often complicated.

Young women and girls in foster care face unique, gender-based barries. These barries, such as teen pregnancy, higher frequency of running away, and the risk of human-sex trafficking, often mean that young women and girls in foster care are not able to thrive!

Tulsa Girls' Home is dedicated to creating a different narrative of hope and a generation of future leaders. Together with community support, Tulsa Girls' Home strives to provide an unprecedented level of support for teen girls in our state's foster care system.

Our first priority in all programs is care and safety. When appropriate, we will exhaust every opportunity to successfully reunite her with their immediate family or relatives. If that is not possible, TGH will work to support her with a mentor so she can transition to successful independent living!



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### LETTER FROM THE CO-FOUNDER & CEO

From the beginning, it's been our mission to support the orphan, advocate for the voiceless, and ensure injustice has no breath in our community. 11 years ago, Project Orphans Inc. DBA Tulsa Girls' Home began a mission to care for the orphan through international programs that reached three continents all-while serving foster care children in Oklahoma. In 2020, the organization took necessary steps to prepare to share our heart to advocate for girls in foster care within the state of Oklahoma. In 2021 - we shared our vision and people from around the nation gathered online and in-person to advocate for the opening of the Tulsa Girls' Home.

I am greatly honored to be part of a mission that is supporting efforts to revolutionize care for teens in foster care. Although 2022 brought its own set of challenges, we saw how an incredible community of generous volunteers and donors can ensure hope for girls in foster care.

Each and every day I am inspired by our supporters who have sacrificed and advocated for the orphaned in our community. Tulsa Girls' Home is humbled by the courage and resilience of the young girls we serve. We are grateful for the lessons we've learned over the years that make us stronger today. And we are more determined than ever to see the day when every child in foster care has access to a safe, loving home that promotes dignity, compassion, and a hope for a better future. We could not be more grateful for you and your support.

Here's to the future,

Brittany Stokes, Co-founder & CEO



"I believed we could do better for teen girls in our state's custody. These children are the 'modern orphan' of our community, and they need the love of a family."

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Brittany Stokes, CEO



Impad report

It's one thing to talk about statistics and girls in foster care—it's another thing to be part of their lives on a daily basis. Every day we experience moments of happiness, hurt, frustration, joy, and deep pain. Why? Because our hearts break when a girl at our home is breaking. We celebrate the "wins" together and experience "loss" together as well.

There is not one day that is the same at TGH. And with that brings a lesson of faith. Everyday we position our hearts to serve with compassion. We fight demons from the past and champion the voice of the girls at Tulsa Girls' Home so they know they are valued, loved, and heard.

### OPENING THE DOORS OF TULSA GIRLS' HOME

Each year, we are committed to providing the girls who live at Tulsa Girls' Home with a loving home, trauma informed support, and 24/7 care.



"Tulsa Girls' Home is less like a facility and more of a family. It's less clinical and all that. We do sit-down dinners together, and we talk about our day. We hug each other, and we're just close like that.

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TGH Resident, Age 17



# A future packed with hope

Bekah entered the foster care system after extreme, chronic neglect from her mother. She and her sisters lived many nights on the streets, bounced from sofa to sofa, and often found temporary refuge in shelters. Bekah's childhood was surrounded by fear, lack, and suffering.

During our interview, Bekah shares how she remembers being locked in a trailer for many, many months - as her mother hid from child welfare with a boyfriend she met in Oklahoma. The darkest memories flood Bekah's dreams - even to this day.

The abuse that Bekah and her sisters enduring in that trailer is horrifying. To this day, Bekah gets frustrated and sad when she shares about the abuse she and her sisters endured while fighting to live. When asked how she survived Bekah talks about an old book case and the mice who lived in her closet. "We didn't have anything. I owned nothing," shares Bekah. "But there was a worn, old bookshelf in the room that my sisters and I lived. I remember reading books to the mice that lived in our room. They were my friends!"

Due to lack of nutrition, Bekah began to loose feeling in her hands. Bekah shares how she survived by living off of her mother and mother's boyfriend's leftovers. "Rarely was I ever allowed outdoors," shared Bekah. "One day my mom demanded I go to the Dollar General to go get some food. I only had a pair of worn, small sandals. They were so small. But I remember going outside and stepping in the snow after being locked up. My feet were tingly. They were so cold - but it reminded me that I was alive!"

"Before coming to Tulsa Girls' Home - I had no hope," expressed Bekah. "I never dreamed of living in a place like TGH. This is one of the safest and caring places I have ever lived."

Bekah came to Tulsa Girls' Home with a trash bag in hand and very little self-esteem. When she first arrived she struggled with crippling anxiety and fears that she would die. Today, Bekah has conquered obstacles and goals that she never believed she was cafatler of completing. From obtaining her driver's permit to being enrolled in a trade and high school - Bekah is breaking the cycle of poverty that has haunted her family for generations.

"Here, I don't have to worry about someone hurting me or locking me in my room," Bekah explained. "I'm happy to be here and to have a place that is setting me up for success in the future. For me, at my age, this is my family!"

The name of this young girl has been changed to protect her identity.

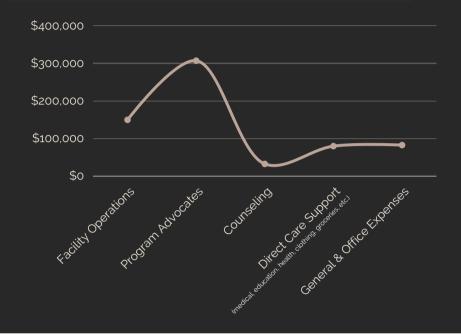
#### **FUNDS RAISED**



Through the generosity of donors, community foundations, business sponsors, and other partners – Tulsa Girls' Home was able to meet the needs of the residents we serve and go above and beyond general requirements –-ensuring all emotional, physical, mental, and spiritual needs are met.

In 2022, Tulsa Girls' Home was also able to pay off the TGH campus - making the organization debt free.





OUTCOME

#### PROGRAM

TGH Building Fund 양 Vehicles	Tulsa Girls' Home believes every youth deserves the support of a loving home and transportation to ensure their goals are met! No matter the distance, TGH ensured our girls maintained family connections while offering a place of rest.	<ul> <li>In 2022, Tulsa Girls' Home became debt free and completed the funding of our campus building</li> <li>TGH secured two vehicles for transporting girls to group activities &amp; individual appointments</li> </ul>
TGH Counseling 양 Individual Therapy	Depression, fear, and anxiety are some of the most common emotions that youth in foster care experience. Through trauma-informed counseling, we are able to share a compassionate perspective that provides peace, strength, & a path towards healing.	<ul> <li>124 hours of Individual Therapy provided</li> <li>224 hours of Social and Life-skill Enhancement Groups</li> </ul>
Program Support & Education	Tulsa Girls' Home offers each girl life skills training, employment, and educational support. One of the keys to our success is our volunteer mentoring program. The girls are modeled healthy lifestyles and choices and are given encouragement, skills, and accountability to reach their goals!	<ul> <li>42,679+ miles traveled supporting youth in visiting family, individual education efforts, and offering experiences in our community</li> <li>50+ volunteers supporting the mission of TGH through lawn care, meal support, decorating, and holiday activities</li> </ul>

# We couldn't have done it without your generous provide

## Thank you

to all our donors, partners, and volunteers.



